

Event title..... – Safety & Recovery

Competitor calls or signals for assistance, capsized or not:
closest Safety Flag approaches and

If Medical issue	Can be treated on site : mild dehydration, small cut etc, assist and lead off-course (towing if necessary)	
	Needs removal : Advise Leading Safety who will come to assess and:	<ul style="list-style-type: none"> Treat with First Aid Kit Direct evacuation to Shore Advise Race Officer & Shore Coordinator Call Monroe County Sheriff & Coast Guard if Emergency/Immobilization warranted

If Technical issue	Boat needs minor repair : Assist and lead off-course	
	Boat is disabled : <ul style="list-style-type: none"> secure tow line advise Leading Safety who will come to assess and: 	<ul style="list-style-type: none"> advise Race Officer and Shore Coordinator call-in stand-by Flag to replace on course Safety towing to shore

Remember your Techniques

Coming alongside	slow to 1-2 kts, slightly off head of wind, let the sailboat come alongside, aft quarter to leeward to give space to escape if needed. If coming alongside a disabled sailboat, do so as not to drift onto it, generally better approach from leeward but watch for lines in prop
Towing	have sailboat come to you, hand-off tow line, ask to fasten to mast and lower sails whenever possible, tow line 30ft + in waves, max 4kts
Assisting Capsized	watch for crew & prop, approach bow to bow, grab tow line to steady head to wind in reverse/idle
Man overboard	approach from downwind at idle speed to try catching on quarter bow, leeward side, turn engine off when recovering

**** when assisting, always notify that accepting assistance means dropping from racing*

Most Important:

In man overboard or capsizing situation first priority is a head-count and looking out for recognition signal from competitor

Cut-off engine when at contact with crew in the water

The Leading Safety may direct you to a RYC drop-off point or to a Safe Area East of the Jetty

Your Safety Boat

Checks prior to leaving the dock	
USCG regulation safety equipment	All Boats
Tank full, start test, radio check	All Boats
and	
Safety Flag, Procedure, Contact sheet	All Boats
first aid kit, sun protection	All Boats
mask, fin, snorkel ready to use	All Boats
VHF, cell phone	All Boats
tow-line 1/2" diam, 40ft long	All Boats
warm clothing bag, towel, windbreaker	All Boats
spare water, power bar, snacks	All Boats
spare life jacket, throw flotation device	All Boats
spare bailer	All Boats
other	

Your Safety Comms

Course..... (use diff verso page & color per Course)			
		All Safety Flags	
Safety 1 Leading Safety	Comms with ----->	Race Committee	VHF....., name & cell
		Shore Coordinator	name & cell (+ back-up)
		USCG & Sheriff	VHF 16 & 911
Safety 2	name & cell	Comms with ----->	Safety 1 name & cell
Safety 3	name & cell		
Safety 4	name & cell		
Safety 5 Std-by	name & cell		
Safety 6 Std-by	name & cell		
Safety Comms VHF channel # ... , back-up VHF # ...			